



Ebenezer Baptist Church
965 Baker Road
Virginia Beach, VA 23455
R. Perez Gatling, Pastor

January 4, 2019

Dear Youth in Christ and Parents,

Congratulations 2019 soaring youth of Ebenezer Baptist! You have learned a lot but there is still more to learn. Please know that as a young person, your church family will continuously ask God to show favor over you for a school year of academic excellence and success. We want you to be a well-rounded individual. Yes, we encourage you to place God first in all you do! Our prayers are that this information will be beneficial to you and your parents as you make a strong impact in this world.

Blessings,

Deaconess Marion Lewis, President

Scholarship Ministry Committee

Rosetta Adams | Onedia Cary | Adia Colvin | Patricia Colvin | Denise Estes
Lamari Ferebee | Minister Johnny Henderson | Jean Jeffrey | LaToya Johnson
| Michone Lane | Shawn Monroe | Tiffany Colvin-Smith | Rosetta Washington

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Educational Sites

These sites support many of the SOL Tests and are an excellent resource to review concepts being taught in class. Many of the sites are a wide range for several subject areas with games. Please view www.internet4classrooms.com for elementary grades. Parents your monitoring your child on different sites can pin point areas to increase their scores and testing strategies.

- ☆ <https://education.jlab.org>
- ☆ www.doe.virginia.gov
- ☆ www.quia.com (US/VA History SOL Practice Test)
- ☆ www.internet4classrooms.com
- ☆ mrleight.weebly.com (Virginia & US History – Mr. Leight’s Digital Classroom)
- ☆ interactivesites.weebly.com
- ☆ www.ixl.com
- ☆ www.readingrockets.org
- ☆ mathgametime.com
- ☆ funbrain.com
- ☆ www.math-play.com
- ☆ <https://pbskids.org>
- ☆ www.uworld.com (ACT Practice Test for 30 days)
- ☆ www.khanacademy.org/
- ☆ <https://edu.symboloo.com/embed/newtownelementary> (See if this is free)
- ☆ www.commonsense.org
- ☆ www.abcya.com

Educational Sites Continued

- ☆ <http://www.pbs.org/parents/education/going-to-school/supporting-your-learner/role-of-parents/>
- ☆ www.readtheory.org

Engaging ways to review and/or assess:

- ☆ Quia
- ☆ Quizlet Live
- ☆ Kahoot
- ☆ Edulastic
- ☆ <http://www.pen.k12.va.us/testing/index.shtml>
- ☆ <https://www.rvaschools.net/Page/1588>

College Planning: 8th/9th/10th Grade

Contributions by College Board

There are some steps you can take as early as eighth grade to make sure you're on the right track for college. This list will help you navigate the college planning process.

8th Grade

- **Begin creating your four-year high school plan.** Think about what you'd like to accomplish in the next four years.
- **If you have not already been identified as gifted,** consider testing to get into the program. (Testing in lower grades increases your chances for being identified.)
 - www.vbschools.com/academic_programs/gifted
 - www.npsk12.com/Page/1000
- **Explore your high school academic program options.** Many schools offer specialized programs that will allow you to explore your interests in the arts, technology, entrepreneurship and more. Be sure to watch for application deadlines!
 - Virginia Beach Schools Offers the following Academy Programs: Legal Studies, Governor's STEM & Technology, Visual and Performing Arts, Global Studies & World Languages, Math & Sciences, Entrepreneurship & Business, International Baccalaureate, and Health Sciences
 - Norfolk offers the following Specialty Programs: Academy of the Arts, IB Diploma Program, Academy of Leadership and Military Sciences, Medical and Health Specialties Program, and The Leadership Center for the Sciences and Engineering
 - The Governor School of the Arts offers programs in Dance, Instrumental Music, Musical Theatre, Theatre & Film Production/Design, Visual Arts, and Vocal Music

- **Consider enrolling in a high school vocational/technical training program** to earn certifications in skills like Information Technology & Computer Sciences, Digital Design and Marketing, Architecture, CAD, and Engineering

9th Grade

- **Edit your four-year high school plan.**
 - Make sure you know which high school courses are required by colleges, and that you're taking the right classes as early as the ninth grade. You can ask your counselor about what those "right" classes are.
 - Get to know the levels of courses offered by your school.
- **Start thinking about your life after school**, including the types of jobs that might interest you. Of course, these will change — often — but it's good to start thinking about the possibilities.
 - Identify your interests — likes and dislikes — not just in classes but also in every area. This will help you focus on your goals.
 - Talk to other people, such as your school counselor, teachers, recent college graduates who are working, professionals in the community, etc., about careers you might find interesting.
- **Meet with your high school counselor.** Your counselor knows how to help you get the most out of high school. Be sure to take some time during the school year to discuss post-high-school plans with him or her.
- **Participate in extracurricular activities.** Academics aren't everything. Explore your interest in a sport, school club, music or drama group, or community volunteer activity.
 - Remember that colleges would rather see real involvement in one activity instead of a loose connection to several.
 - If you're interested in playing sports in college, research the National Collegiate Athletic Association (NCAA) eligibility requirements. The NCAA requires completion of certain core courses; you can find the specifics at ncaaclearinghouse.net.

- **Save for college.** It's not too late to put money aside for college. Every little bit helps! Learning about financial aid early on can also help you down the road.
- **Explore summer opportunities.** Look for a job, internship, or volunteer position that will help you learn about a field of interest.
- **Get familiar with the PSAT-related assessments and SAT®.** Most four-year colleges consider applicants' scores on college admission test. Download the free Daily Practice for the New SAT app to get a feel for the kinds of questions you might face on test day.
- **Take the PSAT™ 8/9.** If your school offers it, sign up to take the first of the College Board assessments to set a baseline. This test will help you build up your skills to take the SAT in 11th or 12th grade.

10th Grade

- **Meet with your high school counselor — again.** Be sure to meet with your school counselor to ensure that your course schedule is challenging enough to prepare you for college.
 - Check into any prerequisites for advanced-level junior and senior-year courses.
- **Take the PSAT/NMSQT® or PSAT™ 10.** Depending on your school, you might have the opportunity to take the PSAT/NMSQT in October or the PSAT 10 in February or March. It provides valuable feedback on your college readiness and a free, personalized plan to help you start getting ready for the SAT — and for college.
- **Ask if the PSAT/NMSQT is offered to 10th-graders.** Although this test is usually given in the 11th grade, it is also often offered in the 10th grade. That's because it provides valuable feedback through the Student Score Report. You can then work on any of your academic weaknesses while there is still plenty of time to make improvements.
- **Are you interested in attending a U.S. military academy?** If so, you should request a precandidate questionnaire.

- **Along with your family, do some research about how to obtain financial aid.** Many students use financial aid to cover college costs. Find out what financial aid is, where it comes from, and how you can apply for it. Read the U.S. Department of Education's Funding Your Education (about federal aid programs).
- **Attend college and career fairs.** The fairs often take place in the fall at your school or in your area.
- **Participate in school activities or volunteer efforts.** Extracurricular activities can help you develop time management skills and enrich your high school experience.
- **Talk to your counselor** about your plans for life after high school. He or she can help you plan your schedule, search for colleges, and navigate the financial aid process. The more your counselor knows about you, the more he or she can help you along the way.
- **Tour college campuses.** If possible, take advantage of vacation or other family travel time to visit colleges and see what they're like. Even if you have no interest in attending the college you are visiting, it will help you learn what to look for in a college.

College Planning: 11th/12th Grade

Courtesy Access College Foundation

11th Grade

September

- Review your high school coursework and activity plans, keeping in mind that colleges look for the following:
 - Challenging coursework
 - Strong GPA
 - Involvement in extracurricular activities
 - Volunteer work
- Make an appointment to see your Access Advisor. Pick up a Fee Waiver Application and Student Release form.
- Put together a list of 10 colleges that you would like to attend. Plan to apply to 3-5 schools.
- Discuss your college options with your parents/guardians, high school counselor, and Access Advisor.
- Study and register for the PSAT (Preliminary Scholastic Aptitude Test) to be eligible for the National Merit Scholarship.
- Obtain dates and locations of college fairs and “parent nights” in your local area.
- Return Fee Waiver Application and student release form to your Access Advisor.

October

- Take the PSAT/NMSQT (Remember your calculator).
- Attend college fairs and financial aid/parent nights.

November

- Start a habit of reading an international news story from a daily newspaper. This will enhance your vocabulary and reading comprehension skills for the SAT/ACT.

December

- Your PSAT/NMSQT score report should arrive.
- Plan to take the SAT. You may also take the ACT.
- Check with the colleges that you are applying to and find out specific testing requirements.
- Ask your Access Advisor about registration deadlines.

January

- Go through the college/university catalogs and visit the websites of the 3-5 schools that interest you the most.
- Begin setting up college visits for March and April to view campuses you are interested in.

February

- Register and study for the SAT and/or ACT exams.
- Start seriously investigating private scholarships and other student aid programs. Check with counselors and your Access Advisor. Use scholarship websites to review scholarships available for you. Checklist for Your Junior Year

March

- Make an appointment to see your Access Advisor.
- Continue investigating scholarships, grants, and student aid programs.
- Register and study for the SAT and/or ACT exams.
- Visit the colleges you selected in January. During your visits, make sure you meet with an admissions representative and a financial aid officer to find out what types of aid are available.

April

- Consider taking the Advanced Placement (AP) exams while information is still fresh in your mind.
- Follow-up with any colleges; plan on an overnight visit and/or interview if possible.
- Research volunteer opportunities for the summer.
- Ask teachers to begin writing recommendations for college and scholarship applications.

May

- Access strongly advises you to take the SAT and/or the ACT exams in May or June of your Junior year.
- Be aware of the remaining test dates and registration deadlines for the SAT and ACT. Plan on taking them again in the fall of your Senior year.
- Follow-up with the AP exams. They are given in high schools from early to mid-May.
- Inquire about Advanced Placement (AP) or summer college courses that may be available to you.

June

- Continue compiling information to find out which organizations award scholarships to graduating Seniors. You may have to apply for some during the summer after your Junior year.
- Read a variety of books and magazines and review your math skills over the summer. This will help you to prepare for the SAT/ACT.
- Obtain a summer job that might be related to your career interests, and save money for college if possible.
- If you travel this summer, consider scheduling a college visit as well.

12th Grade

September

- Schedule an appointment with your Access Advisor. Get a Fee Waiver Application and Student Release form.
- Register for the SAT and/or ACT.
- Request all college applications and scholarship information.
- Make a list of important deadlines for college & scholarship applications as well as the Free Application for Federal Student Aid (FAFSA). Find out the specific application requirements for each of your college choices. (The "Admissions Application Organizer" located in the "How Do I Apply" section, will help you with this.
- Attend the Financial Aid Workshop. Check with your Access Advisor for date/time.**

October

- Return Release Form and Fee Waiver Application to Access Advisor.
- Complete your "Admissions Application Organizer" in the How Do I Apply section with a list of what needs to be done.
- Take SAT and/or ACT.
- Begin preparing college applications and scholarship applications, paying close attention to individual deadlines and early decision dates. Remember to begin requesting your high school transcripts.
- Attend the Financial Aid Workshop. Check with your Access Advisor for date/time.**
- Pick up a copy of the Free Application for Federal Student Aid (FAFSA) from the Access Advisor.
- Make an appointment with your Access Advisor to help with filing the FAFSA as soon as possible after October 1.
- Check your student aid report (SAR) for accuracy. To be eligible for the maximum amount of financial aid, you must file the FAFSA by the priority

deadline of the colleges you are considering. You can use taxes (2017) in order to file your FAFSA.

November

- Attend the Financial Aid Workshop. Check with your Access Advisor for date/time.**

December

- Submit all college applications/scholarship applications before December 1st to be eligible for scholarships from the colleges. This can be done online or on paper, depending on college requirement.

January

- Continue to file FAFSA, if you haven't already.
- Continue checking your student aid report (SAR) for accuracy. To be eligible for the maximum amount of financial aid, you must file the FAFSA by the priority deadline of the colleges you are considering.

February

- Make sure your FAFSA is completed before February 15th. To be eligible for the maximum amount of financial aid, you must file the FAFSA by the priority deadline of the colleges you are considering.
- Continue to file FAFSA, if you haven't already.

March

- Check your Student Aid Report (SAR) for accuracy. Take it to your Access Advisor. (It should arrive about four weeks after filing your FAFSA.) Start verification process.
- KEEP COPIES OF ALL FORMS YOU SUBMIT.**
- Continue to file FAFSA, if you haven't already.

April

- Watch the mail for college acceptance letters.
- As soon as you receive a scholarship letter or financial aid award letter from a college, take it to your Access Advisor.**
- Make your final college decision and send in housing deposit by the deadline.

May

- Fill out transcript request form (in Guidance) to have your final transcript forwarded to the college you choose.
- Make sure all of your paperwork is in order. (Note: To be eligible for an Access Scholarship, the Access Scholarship Application and all attachments must be turned in to your Access Advisor. Check our website or with the Access Advisor in your school for the actual deadline date.)

June

- Enjoy graduation day!

Extra-Curricular Activities and Enrichment Programs

Teens With a Purpose	www.twpthemovement.org
Upward Bound	Norfolk VA 683-4315
Spartan Prep	Virginia Beach Schools
AVID	Virginia Beach Schools
STEM – Tidewater Community College Summer Camp Grades 3-12	Emily Richardson 822-1505
Girl Scouts/Boy Scouts	Google for your area
Hurrah Players	Norfolk, VA 627-5437
Boys Choir of Hampton Roads	www.boyschoirofhamptonroads.com
Young Ladies & Young Men	www.ylymleaders.com
Opportunity Inc Peer Council	www.myyouthcareercenter.org/get-involved
Mayor's Youth Leaders in Action (MYLA)	385-0428 or myla@vbgov.com
ROTC	Virginia Beach Schools and Norfolk Public Schools

Mentoring and Volunteering

Mentoring and volunteering build strong character traits that are viewed strongly on job applications, college applications, and organizations individuals apply for.

Special Olympics	eaastlow@specialolympicsva.org
Relay for Life	
Libraries	Contact the one nearest you
Foodbank	Walter Gray 314-4559 or wgray@foodbankonline.org
Assisted Living/Nursing Homes	Choose where church members and relatives live
Ebenezer Baptist Church	Tutorial Program/Outreach Ministries
SPCA Junior Volunteer Program (ages 13-17)	https://vbspca.com/volunteer/junior-volunteers
Schools	Contact schools close to you
Sentara Leigh Hospital Junior Volunteer Program (must be 14 before June 1)	261-8085
Sentara Va Beach General	395-8014
Sentara Princess Anne Junior Volunteers	507-1488

Sentara Norfolk General Junior Volunteers (Runs June 24 – Aug 10, Application available in the Spring)	388-3461
Chesapeake Regional Hospital Summer Student Program (apply in March)	312-6109
United Way	853-8500 ext. 150
Children's Hospital of the Kings Daughters	668-7195
Mariner's Museum Junior Volunteers (ages 13-17)	https://www.marinersmuseum.org/volunteer/
Lake Taylor Transitional Care Hospital	461-5001 ext. 426 or volunteering@laketaylor.org
Nauticus	https://nauticus.org/join-our-crew/volunteer-at-nauticus/
St. Mary's Home for Disabled Children	622-2208 ext. 423 or cfarmer@smhdc.org
Habitat for Humanity (MUST BE 18!)	http://shrhabitat.org/volunteer/
Ronald McDonald House Charities of Norfolk	https://rmhcnorfolk.org/get-involved/volunteers/
Urban League of Hampton Roads	www.ulhr.org

Resources for Support

Dgreenwell.eoc@edufund.org
youth dependents

Continuous workshops for military

Mr. Tyrone Davis over Educational Opportunity Center Norfolk, Virginia
683-2312 advocate for youth at Ebenezer Baptist.

High School Resumes for College Applications

Courtesy Princeton Review

How to Write a High School Resume for College Applications

Think resumes are only for job seekers? Think again. High school student resumes give colleges a snapshot of your accomplishments, extra-curriculars, hobbies, and work history. They can also be a useful tool for prepping for a college interview or to give to the teachers who are writing your letters of recommendation.

Not sure how to get started? Follow our tips for crafting a standout resume for college and scholarship applications.

What should go on a college resume?

Any of the sections below could appear on your resume for college applications. Pick an assortment that works for you!

- Heading with your name, address, and e-mail
- High school information with your graduation date, GPA (weighted), class rank, and SAT/ACT scores
- Academic awards, publications, honors, and other achievements
- Coursework (summer programs, college courses, or other specialized workshops that do not appear on your high school transcript)
- Extracurricular activities
- Community service
- Work experience
- Hobbies
- Special skills (e.g. foreign language fluency or HTML expertise)

Sample Resume for High School Students

Jane Doe
12 Snelling Avenue
St. Paul, Minnesota 55116
(651) 555-1111
jane.doe@spps.org

Education Highland Park Senior High, class of 2008 (3.8 GPA)

Experience

St. Paul Public Library—University Branch (June 2005–present)

- Maintained library database on checked-out materials.
- Coordinated volunteer program for Story Time.
- Organized card catalog to incorporate new materials.

National Honor Society (2003–present)

Participated in several volunteer activities, including: building a house for Habitat for Humanity (50 hours), collecting food for the St. Paul Food Shelf (80 hours), and organizing the Honor Society Induction Ceremony.

Activities

- National Honor Society (2003–present)
- French Club (2002–present)
- Cross Country (2002–present)
- Piano lessons (10 years)

Awards

- A Honor Roll, 8 quarters
- Outstanding French Student, 2004
- Volunteer of the Year, 2005

References

Available upon request.

Contact Information: should be at the top of your resume—include name, address, phone number, and e-mail (if you have it). Separate it out by centering it and making it bold. If you have a college address separate from a home address, use both.

Education: include graduation date and GPA if it is 3.0 or higher.

Formatting Experiences: (2 options)

1. Heading line (include title and dates) followed by bulleted list—see Work Experience as example.
 2. Heading line (include title and date) followed by narrative list—see Volunteer Experience as example.
- Writing About Experiences**
Regardless of style, begin each phrase/sentence/bullet with an *active verb*. See the examples to the left: maintained, coordinated, organized, participated... see back of page for more examples.

Headings The expected headings would be: education, experience (work or volunteer), but the others are up to you. Use the ones that work best. Other possibilities: skills, additional experience, related experience, leadership experience, research experience, writing experience, computer experience, objectives, leadership, related coursework, work experience, volunteer experience, anything that fits your particular qualities.

General Formatting You should have 1 inch margins, major headings (like 'Education') on the left, then indent with additional information below—for example, notice how National Honor Society is lined up below St. Paul Public Library. Use a traditional font (New York, Arial, just not cursive...) at 12 point size. It should all fit on one page. Remember, it needs to be easy to read—keep it simple and organized!

Other things to remember:

- proofread, proofread, proofread!
- Check for punctuation and spelling.
- Check for format and style consistency.
- Show your resume to a friend.
- Use resume weight paper (available in copy centers).
- Pick a light, neutral color, like white or ivory.
- Laser print it or have it done at the copy center.
- Get matching envelopes and paper for cover letters.

When should you submit a resume to colleges?

Some colleges and scholarship committees request or recommend that you include a high school resume with your application materials. (But don't submit a resume if they don't ask for one—following instructions is a key application strategy.) Bring your resume to college interviews and give copies to your college counselor and teachers so that they can write you the strongest possible recommendation letter.

Tips for Composing Your College Admissions Resume

1. Keep it concise.

Pare down the activities you showcase to the most brag-worthy and most representative of you as a candidate. Do colleges need to know that you were on the field hockey team for one semester in Grade 9? Probably not. The standard rule of thumb is to stick to one or two pages.

2. Focus on depth and length of commitment.

When deciding which activities and accomplishments make the cut, keep in mind that colleges would much rather see you excited about one or two key experiences than sporadic involvement in 20 clubs. If having an after-school job limited your ability to participate in clubs or sports, make sure your resume plays up your work responsibilities, training, and on-the-job skills.

3. Provide detail whenever possible.

The details are what set a resume apart from a list of extracurricular activities on a standard college application. For example, when describing your involvement in the French Club make sure to include:

- your role
- school years/hours per week you participated
- specific contributions (e.g. " Organized a successful after-school film series to introduce our community to French cinema and culture")
- leadership roles (e.g. " Treasurer, Grade 12")
- Unique details that will make you stand out

4. Highlight things you weren't able to write about in your college essays or short answers.

Use your high school resume to show colleges something new. If your devotion to photography didn't make it on the application but is a big part of who you are, then showcase your photography cred on your resume.

5. Formatting is key.

Make your resume easy to scan. Divide information into sections with clear headings, bulleted lists, and a consistent font. Use a system of organization that works for you. (Chronological, by importance of activity, or by time commitment are a few options.) Don't forget to proofread!

6. Be honest and accurate.

Colleges know how to spot inconsistencies in your application materials, and they won't hesitate to call your counselor to verify information that doesn't seem right. So don't tell them that you have practice for the school play for 30 hours per week—unless drama club is somehow your full-time job!

Sample College Admissions Essays

Courtesy Johns Hopkins University

They can be the most important components of your application—the essays. It's a chance to add depth to something that is important to you and tell the admissions committee more about your background or goals. Test scores only tell part of your story, and we want to know more than just how *well* you work. We want to see *how* you actually think.

Your essay should share stories from your everyday life to reveal something about your character, values, and life that align with the culture and values at the college or university you are applying to. An effective essay can be about something as simple as a TV show or school club as long as it tells something about the writer in a way that's relevant to our community. The most important thing to remember is to be original and creative as you share your own story, thoughts, and ideas with us.

For sample essays visit: <https://apply.jhu.edu/application-process/essays-that-worked>.

Scholarships

Please view Virginia Beach Schools Scholarship Central (vbschools.com) and Norfolk Public Schools (npsk12.com) site for students of Hampton Roads. It is important to apply for renewable scholarships like the Horatio Alger, Lincoln Lane, Thurgood Marshall, and Ron Brown Scholarships that are renewed yearly during your undergrad program. There are scholarships that freshman, sophomores, and juniors may apply for throughout the year, so check frequently. There are also numerous members within our church to contact for information on scholarships of organizations they belong to.

Sigma Gamma Rho Sorority, Inc	Deaconess Nancy Hawkins
Zeta Amica	Sis. Virginia Powell
Alpha Kappa Alpha Sorority, Inc	First Lady, Dr. Veleka Gatling
Eastern Star	Sis. Katie Sned/Sis. Pat Williams
	Deaconess Shirley Blake
Delta Sigma Theta Sorority, Inc	Sis. Jean Jeffrey
Alpha Phi Alpha Fraternity, Inc	Deacon Robert West
Omega Psi Phi Fraternity, Inc	Deacon Nathan Woodard

Banks and credit unions often offer scholarships to members. Virginia Beach Schools Federal Credit Union offers an excellent scholarship for students that are members. You should start looking before your senior year for scholarship resources. Students with gifts in the arts and sports should inquire early to the schools they are applying to about scholarships. Many of the universities you will be applying have strong alumni chapters that assist youth from the Hampton Road area with scholarships. Many employers and professional organizations also offer scholarships to their employee/member's children.

Ebenezer yearly has 3 scholarships for their seniors to apply. Our scholarships include C K Jones \$1000, Mollie Foreman \$500, and Janie Griffin \$500. Applications are available in March.